

**DISCUSSION GUIDE** 

# Tips on Talking to Your Healthcare Provider about PrismRA® which May Help Identify the Right Medication for Rheumatoid Arthritis

A strong patient to healthcare provider relationship has better outcomes when there is open and honest communication. Get involved with tracking and improving your health by being proactive in finding the solution that works best for you. You and your healthcare provider can work together to make decisions that improve your care.

Here are tips to help you talk with your healthcare provider about how personalized medical testing may be helpful in your medication selection.



#### **BE PREPARED**

Bring to your appointment any information the healthcare team may need to see, like names and contact information of your past healthcare providers and any records showing past or current medications for other conditions and this PrismRA discussion guide.



#### COMMUNICATE WITH CONFIDENCE

Express your thoughts on your current treatment and share what is working well and where you think it can be improved.



#### **DISCUSS ORDERING PRISMRA**

If you are interested in PrismRA, discuss with your healthcare provider to determine if you are a good candidate.



#### UNDERSTAND YOUR CARE PLAN

Make sure all your questions have been answered before leaving, and you feel comfortable with the next steps.

### Preparing to Discuss PrismRA with Your Healthcare Provider

## Your healthcare provider is your partner in treating your rheumatoid arthritis. Helping you successfully treat your RA is everyone's top priority.

To make the most of your time spent with your doctor, take a moment to list your current and past medications, as well as your concerns about them. Prior to your appointment, please request and bring along any prior medical records from other doctors you may have seen in the past.

| Please take a moment to list the <b>current and past</b>  | medications you have tried and whether you |
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| have any questions or concerns about them.                |  |
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| <b>List any symptoms</b> that are impacting your daily ro | outine.                                    |
| and any cymptome that are impacting your daily is         | , a.m.                                     |
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#### Things to Tell Your Healthcare Provider about PrismRA

- PrismRA improves outcomes and quality of life through individualized care
- A routine blood sample is all that is required for PrismRA testing
- Your healthcare provider will receive your PrismRA result within 5-7 business days
- Scipher Medicine is committed to making PrismRA testing more accessible and affordable for providers and patients

#### How Your Healthcare Provider Can Bring PrismRA to You

If you are a healthcare provider and would like to order PrismRA, please contact the Scipher Medicine Client Services team via phone, email, or contact form on our website. Contact the Client Services Team at **Support@Scipher.com** or **855-724-7437**.

